New Mexico

BY THE NUMBERS

FACTS AND FIGURES FOR THE PROFESSION

ASSISTED LIVING RESIDENTS

Resident Gender

- Men: 32%
- Women: 68%

Resident Age

- 55 & Over: 53%
- 60-64: 12%
- 65-74: 12%
- 75-84: 31%

ACTIVITIES OF DAILY LIVING

- 70% Need Help Bathing
- 61% Need Help Walking
- 53% Need Help Dressing
- 47% Need Help Toileting
- 39% Need Help Transferring
- 31% Need Help Eating

COMMON CONDITIONS

- 51% High Blood Pressure
- 15% Diabetes
- 47% Alzheimer’s Disease/Dementia
- 30% Heart Disease
- 31% Depression

ASSISTED LIVING PROVIDERS

- 222 Total AL Communities
- 5,950 Total Beds/Units
- 14% of residents rely on Medicaid for their long-term care in assisted living

ECONOMIC IMPACT

- 1,565 Jobs direct
- 2,178 Jobs total*
- $137.0 Million direct
- $240.6 Million total*
- $7 Million state/local
- $24 Million federal

*Total impact is the sum of direct, indirect, and induced effects on the economy of the state.

Sources: CIC/NCHS, National Post-acute and Long-Term Care Study (2020), State Licensure Website, IMPLAN Economic Impact Data and Software

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