Handwashing Competency Checklist

	Return Demonstration Completed	
Skill/Procedure	**Team Member**	**Evaluator**
Team member is able to state 6-8 times when they would wash hands: Beginning and end of shift; before and after using restroom; coughing, sneezing, of blowing nose; before and after breaks; before and after client contact; after removal of gloves; anytime hands are soiled; before and after handling food; and before and after handling soiled articles.		
1. Turn on water.		
2. Holding fingertips down, wet hands and wrists.		
3. Apply soap and work into lather.		
4. Rub all surfaces of the hands, between fingers, under nails and at least two (2) inches above the wrist continuously for at least 20 seconds.		
5. Without touching the sink or faucet, rinse hands under running water holding the fingertips upward.		
6. Without touching the paper towel dispenser, obtain paper towels.		
7. Dry hands and wrists well, being careful not to go from upper wrist back down to hands again.		
8. Dispose of those paper towels. Obtain another paper towel.		
9. Using this paper towel, turn off water faucet, and place towel into the nearest waste container.		
Hand Gel Skill		
1. Apply a small amount of hand gel about the size of a quarter into the palm of hand.		
2. Rub hands briskly (similar to washing hands) up to two (2) inches above the wrists.		
3. Verbalizes that after three (3) hand gel uses, wash hands with soap and water.		
4. Verbalizes that if hands are visibly soiled, wash with soap and water.		

Team Member Signature _____ **Date** _____

The evaluator has verified that the team member has demonstrated knowledge of the handwashing competencies listed above.

Evaluator Signature _____ **Date** _____