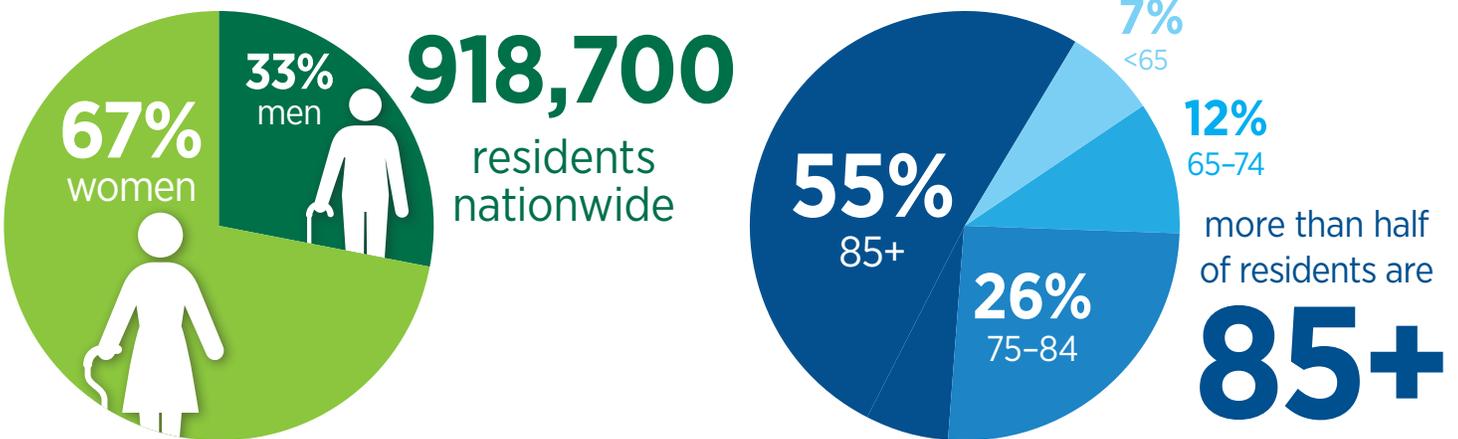


Assisted Living: A Growing Aspect of Long Term Care

Assisted living communities typically serve individuals who need help with every day activities and some health care services but generally do not require 24-hour skilled nursing care services for extended periods of time. These communities offer a unique mix of companionship, independence, privacy, and security in a home-like setting. The philosophy of assisted living is built on the concept of delivering person-centered care and services to each individual resident.

Residents

Assisted living communities serve the oldest old who need help with some **activities of daily living (ADLs)** and health care services.



Activities of Daily Living



Common Conditions ALs Help Residents Manage



Activities and Services

TYPICAL SERVICES

- 24-hour supervision and assistance
- Exercise, health, and wellness programs
- Housekeeping and maintenance
- Meals and dining services
- Medication management or assistance
- Personal care services such as ADLs
- Transportation

SPECIALIZED DEMENTIA

CARE SERVICES

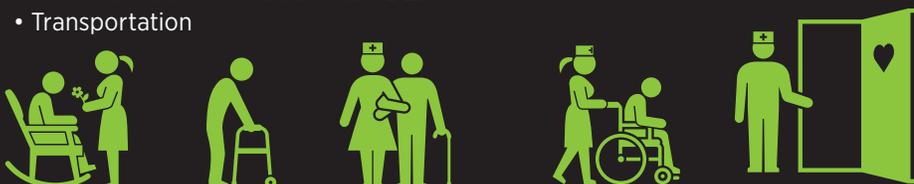
Memory care is an increasing component of assisted living.

- 13% have a designated unit/wing/floor
- 8% only serving adults with dementia

COORDINATED SERVICES

Assisted living does not directly provide certain health care services, but consistently works with other providers to offer these services.

- dental
- depression screening
- hospice
- mental health or counseling
- pharmacy/pharmacist
- podiatry
- skilled nursing
- therapy (physical, occupational or speech)



Communities



Workforce



95% OF COMMUNITIES HAVE A LICENSED NURSE AVAILABLE 24-7

Paying for Care

