

# SBAR for Assisted Living

## Physician/NP/PA Communication and Progress Note

To Discuss Possible Drug Reduction for an Individual  
Already Receiving an Antipsychotic Drug for Off-Label Use

Resident Name:

Date of Birth:

Room/Apt/Unit #:

### Before Calling the MD/NP/PA

- Evaluate the resident and complete the SBAR form
- Check VS: BP, pulse, respiratory rate, neurological check, lung sound, temperature, and pain level
- Review Chart for:
  - Psychiatric conditions and/or hospitalizations
  - Abnormal clinical and laboratory findings
  - Recent physician or psychologist progress notes
  - Notes on possible drug side-effects
  - Pharmacist medication regimen review notes
- Be prepared to report on dosing changes, changes in target symptoms and potential side effects
- Have relevant information available when reporting (medication list including doses, methods, and time(s) of administration)
- Be prepared to have a list of all medications, including PRNs, and the individual's medical record

# S

### Situation

The drug and behavior (if problematic) I am calling about is \_\_\_\_\_

Date drug started \_\_\_\_/\_\_\_\_/\_\_\_\_

Date of last dose adjustment and dosage change made \_\_\_\_/\_\_\_\_/\_\_\_\_

Individual's symptoms have gotten worse/better/stayed the same since the drug started \_\_\_\_\_

Have any potential side effects been noticed? \_\_\_No \_\_\_Yes (If yes describe) \_\_\_\_\_

Things that make the symptoms worse \_\_\_\_\_

Things that make the symptoms better (non-pharmacological approach) \_\_\_\_\_

Other things that have occurred related to this symptom and treatment \_\_\_\_\_

# B

### Background

Primary diagnosis and/or reason person is in assisted living \_\_\_\_\_

Pertinent mental health history \_\_\_\_\_

Behavioral concerns identified by family \_\_\_\_\_

Vital signs BP \_\_\_\_/\_\_\_\_ HR \_\_\_\_ RR \_\_\_\_ Temp \_\_\_\_

Individual is on a scheduled pain management program \_\_\_No \_\_\_Yes

If yes, what medication interventions is the individual receiving? \_\_\_\_\_

Conditions (check all those that apply)

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> Orthostatic hypotension | <input type="checkbox"/> Pacing               | <input type="checkbox"/> Lip smacking/chewing/abnormal tongue movement |
| <input type="checkbox"/> Weight gain             | <input type="checkbox"/> Drooling             | <input type="checkbox"/> Involuntary movement of extremities           |
| <input type="checkbox"/> Increase glucose level  | <input type="checkbox"/> Tremors              | <input type="checkbox"/> Worsening confusion/delirium                  |
| <input type="checkbox"/> Urinary retention       | <input type="checkbox"/> Rigidity             | <input type="checkbox"/> Fall  |
| <input type="checkbox"/> Constipation            | <input type="checkbox"/> Slowness of movement | <input type="checkbox"/> Other _____                                   |
| <input type="checkbox"/> Sedation                | <input type="checkbox"/> Jerk body responses  |  |
| <input type="checkbox"/> Restlessness            |   |  |

Resident Name:  
Date of Birth:  
Room/Apt/Unit #:

Medication changes or new orders in the last two weeks \_\_\_\_\_  
Recent Labs \_\_\_\_\_  
Allergies \_\_\_\_\_  
Any other data \_\_\_\_\_

**A** **ssessment (RN) or Appearance (LPN/LVN)**

(For RNs): The individual's symptoms appear (better/worse/same) \_\_\_\_\_

I think the symptoms may be related to \_\_\_\_\_

Do you believe the individual has achieved a therapeutic dose? \_\_\_ No \_\_\_ Yes If yes: Do you believe dose reduction may be needed? \_\_\_\_\_

(For LPNs/LVNs): The individual's symptom(s) appear (better/worse/same) \_\_\_\_\_

**R** **quest**

- Other (Start/change non-pharmacological approach)       Continued monitoring
- Change in/stop current med order(s)                       Lab work
- Provider visit (MD/NP/PA)

Staff Name \_\_\_\_\_ RN/LPN/LVN \_\_\_\_\_

Reported to: Name \_\_\_\_\_ (MD/NP/PA) \_\_\_\_\_

Date \_\_\_/\_\_\_/\_\_\_ Time \_\_\_\_\_ a.m/p.m.

Communicated by:  Phone     Left Message     In person     Fax     Email

Family or health care proxy notified Name: \_\_\_\_\_

Date \_\_\_/\_\_\_/\_\_\_ Time \_\_\_\_\_ a.m/p.m.

Progress Note (Complete and place SBAR/progress note in medical record)

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Return call/message new orders from MD/NP/PA      Date \_\_\_/\_\_\_/\_\_\_ Time \_\_\_\_\_ a.m/p.m.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Signature \_\_\_\_\_ RN/LPN/LVN \_\_\_\_\_

Date \_\_\_/\_\_\_/\_\_\_ Time \_\_\_\_\_ a.m/p.m.

This SBAR is developed specifically for off-label antipsychotic use. Communities are encouraged to modify/adapt changes to the SBAR as needed.