


How do I use Facebook to contact my Member of Congress?



- 1.** Log in to your Facebook account
If you do not have a Facebook account, go to www.facebook.com to sign up
- 2.** Type the name of your Senator or Representative in the search box at the top of the page
If you do not know the name of your Senator or Representative, please use the AHCA/NCAL Advocacy Center to find this information
http://capwiz.com/ahca/dbq/officials/?affiliate_lookup=1

- 3.** Click  at the top of the Member's page
This will allow you to receive updates from the Member, including posts related to long term care.
- 4.** Depending on how the Member's page is set up, there are several ways to communicate
 - A.** Interact with your Members by commenting on their various status updates
 - B.** Are there no discussions or comments on long term care? Start them!
Use Facebook to share stories from your center and your opinion on the issues.
 - C.** After liking your Member, you can now mention them on your page by tagging them in your status using the @ followed by typing their name.
Facebook should auto populate and tag your Member of Congress.

Keep in Touch!

"Like" the AHCA/NCAL
Advocacy Facebook page
www.facebook.com/saveseniors

For important news
and updates

For more information please contact:

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