ADL Self Performance Algorithm

START HERE

Did the activity occur at least 1 time?

No

Code 8 Activity did not occur

Yes

Did activity occur 3 or more times?

No

Code 7 Activity Occurred only 1 or 2 times

Yes

Did resident fully perform the ADL activity without ANY help or oversight from staff every time?

No

Code 0 Independent

Yes

Did resident require full staff performance every time?

No

Code 4 Total Dependence

Yes

Did resident require full staff performance at least 3 times but not every time?

No

Code 3 Extensive Assistance

Yes

Did resident require a combination of full staff performance and weight bearing assistance 3 or more times?

No

Yes

Did resident require a combination of full staff performance/weight bearing assistance and non-weight bearing assistance 3 or more times?

No

Code 2 Limited Assistance

Yes

Did resident require oversight, encouragement, or cueing 3 or more times?

No

Yes

If none of the Rule of 3 conditions are met, Code 1 Supervision.

INSTRUCTIONS
Follow the arrows on the flowchart to determine correct coding, starting at the “Did Activity Occur?” box.

Instructions for Rule 3

• When an activity occurs three times at any one given level, code that level.
• When an activity occurs three times at multiple levels, code the most dependent. Exceptions are: total dependence (4) – activity must require full assist every time; and activity did not occur (8) – activity must not have occurred at all. Example, three times extensive assistance (3) and three times limited assistance (2) – code extensive assistance (3).
• When an activity occurs at more than one level but not three times at any one level, apply the following:
  - Episodes of full staff performance are considered to be weight-bearing assistance (when every episode is full staff performance - this is total dependence).
  - When there are 3 or more episodes of a combination of full staff performance and weight-bearing assistance - code extensive assistance (3).
  - When there are 3 or more episodes of a combination of full staff performance/weight bearing assistance, and non-weight bearing assistance, code limited assistance (2).

If none of the above are met, code supervision