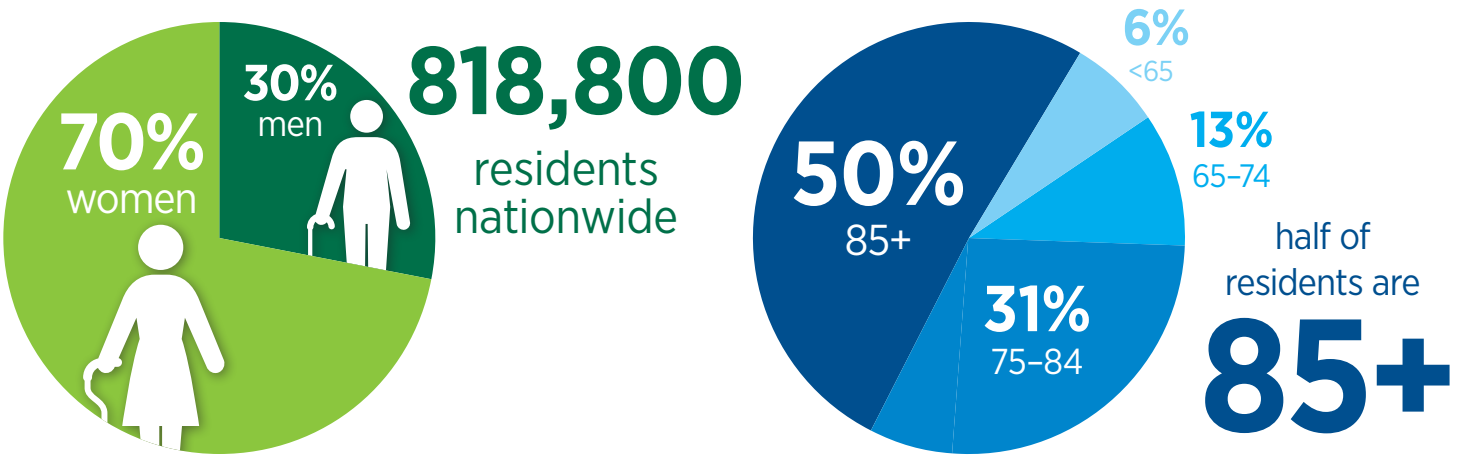


Assisted Living: A Growing Aspect of Long Term Care

Assisted Living communities offer a unique mix of personal care services, companionship, independence, privacy, and security. Assisted living communities typically serve individuals who need help with everyday activities of daily living and some health care services but generally do not require 24-hour skilled nursing care services for extended periods of time. The foundation of assisted living is to deliver person-centered care and services to each individual resident.

Residents

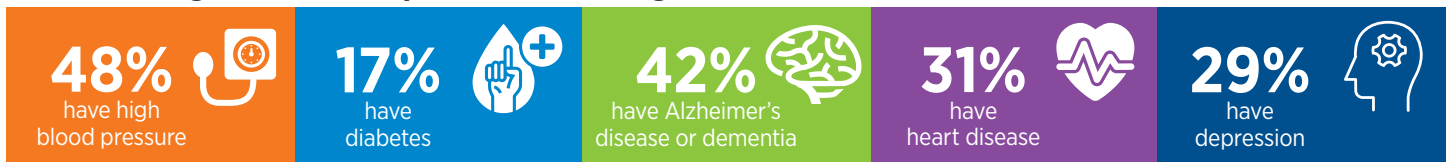
Assisted living communities serve those who need help with some activities of daily living (ADLs) and health care services.



Activities of Daily Living



Common Diagnoses ALs Help Residents Manage



Activities and Services

TYPICAL SERVICES

- 24-hour supervision and assistance
- Exercise, health, and wellness programs
- Housekeeping and maintenance
- Meals and dining services
- Medication management or assistance
- Personal care services such as ADLs
- Arranging for Transportation

SPECIALIZED DEMENTIA CARE SERVICES

Memory care is an increasing component of assisted living.

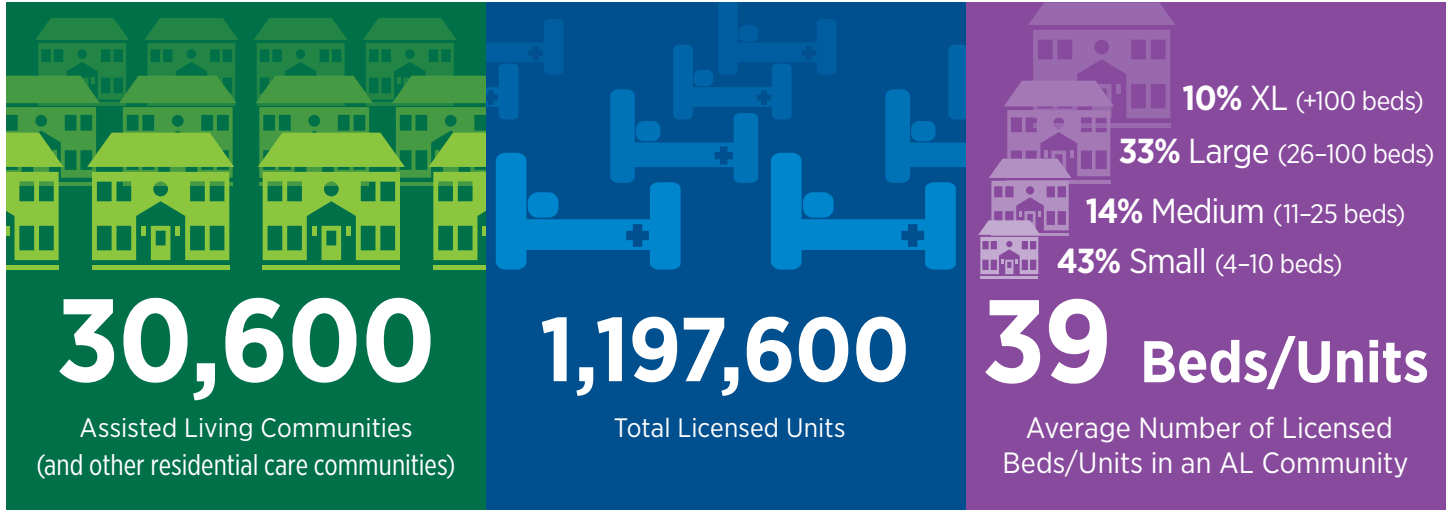
- 18% have a designated unit/wing/floor
- 11% only serve adults with dementia

COORDINATED SERVICES

Assisted living does not directly provide certain health care services, but consistently works with other providers to offer these services.

- therapy (physical, occupational or speech)
- pharmacy/pharmacist
- hospice
- podiatry
- dental
- skilled nursing
- mental health screening or counseling

Communities



Workforce



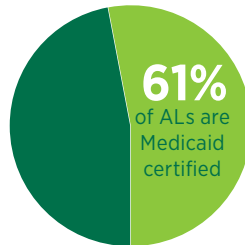
Paying for Care

\$54,000
per year

Average Yearly Cost

This is **less** than the average cost for homemaker services (\$59,488) or a home health aide (\$61,776).

The majority of assisted living residents use some form of private funds to pay for personal care and room and board.



Medicaid

A little more than **18% of residents rely on Medicaid** to pay for daily services. Medicaid does not pay for room and board costs. Each state varies on whether it covers assisted living services.



Medicare

Medicare does not cover assisted living services, but most residents are beneficiaries, making Medicare issues (hospitalizations, medications, therapy services, etc.) important to assisted living providers.