Below is a comprehensive guide to the Quality resources available on the AHCA website. This guide is meant to be used as an electronic resource as each resource has a direct hyperlink associated with it. Note, some of the links will lead you to a login page (indicated by a lock on the icon). These resources are only for AHCA members and you must utilize your unique login information in order to access them. If you do not have a login for the site, please send us an email at support@ahca.org to obtain a login.
Information on Safely Reducing the Off-Label use of Antipsychotics

Consumer Fact Sheet
The consumer fact sheet provides family members and others involved in a resident’s care background on the off-label use of antipsychotics, as well as frequently asked questions regarding loved ones living with dementia. It also gives family members suggestions on how they can partner with providers to get the best possible care for their loved one. Also available in Spanish.

Clinical Considerations of Antipsychotic Management Toolkit
This resource uses a process framework, based on the Nursing Process, to identify care objectives and expectations. It identifies tools and resources to help providers successfully manage antipsychotic medication use at the resident and facility level. The guide focuses on 7 critical steps needed to ensure quality outcomes that are successful and continuous.

The Nursing Approach
This systematic and evidence-based approach to caring details the steps nurses need to take before contacting the physician to discuss possible gradual dose reduction/tapering for antipsychotics used off-label. The process outlines the information nurses need to collect and analyze in order to make critical decisions about next steps.

The Antipsychotic Drug SBAR
This is a tool for nurses to gather and organize the information needed in preparation for physician discussion about potential medication side effects, adverse reactions, and drug tapering. Completed SBARs offer a method to document nurse/physician communication and care plan recommendations and are a component of the individual’s medical record.

The Clinical Considerations of Antipsychotic Management
The webinar helps clinicians navigate the toolkit to better manage the clinical factors that contribute to quality care and antipsychotic medication use.
A Guide to Reducing Antipsychotic Drugs While Enhancing Care for Persons with Dementia: A Competency-Based Approach

Do you and your staff have the knowledge, skill and attitude to address antipsychotic use in your center? This competency-based approach is a guide, filled with resources for every step of the way.

CARES® Online Training & essentiALZ® Certification

AHCA/NCAL are pleased to offer the CARES® Online Dementia Care Training and the Alzheimer’s Association® essentiALZ® certification program for individuals. For more information and a special member only discount see our resource sheet.

AHCA 6-Part Webinar Series: Be Prepared. Don't Let Surveyor Guidance for F309 Catch You Off-Guard!

CMS released new surveyor guidance to assess compliance with F309 and F329 as they relate to residents with dementia and use of antipsychotic drugs. AHCA is pleased to offer a series of six, brief but content-rich webinars to help your nursing center be prepared for these changes.

LTC Trend Tracker

Track your long and short-stay antipsychotic rates to see how you are doing with the AHCA Quality Initiative.

Improving Antipsychotic Appropriateness in Dementia Patients

Developed with the support of the Agency for Healthcare Research and Quality, the IA-ADAPT website helps clinicians, providers and consumers better understand, assess and address challenging behaviors in people with dementia using evidence-based approaches. It includes user-friendly resources for care providers, as well as information for families or patients on the risks and benefits of antipsychotics for those living with dementia.

Reducing the Off-Label Use of Antipsychotics

In this webinar, the presenters will describe a stepwise approach to behavioral management, which can be guided by use of a toolkit developed through a grant funded by the Agency for Healthcare Research and Quality.

Advancing Excellence Antipsychotic Resources

Follow Advancing Excellence's seven steps to success.
Part 1: Overview of AHCA Clinical Consideration of Antipsychotic Management

In this webinar, the presenters will provide an overview of the AHCA Clinical Considerations of Antipsychotic Management Toolkit and how it can assist long term care providers in reducing antipsychotic medication use.

Part II: Antipsychotic Management & Reduction: Practical Strategies & Application

In this webinar, the presenters will describe practical strategies and application to behavioral management, which can be guided by use of the AHCA Clinical Considerations of Antipsychotic Management Toolkit.
Information on Safely Reducing Hospitalizations

Sharing Advanced INTERACT Success!

In this informative session, participants will have the opportunity to hear how four different organizations advanced the use of INTERACT within their setting. INTERACT has played a key role in helping many organizations reduce unnecessary hospitalizations. Ideas on how to use these tools, how to spread them throughout the organization, how to get buy-in, and the fabulous results of these determined leaders will be some of the stories you will hear.

Sharing Advanced INTERACT Success Part 2!

In this fascinating program, you will have the opportunity to hear two unique stories of communities, in two separate counties, that put INTERACT to work to improve care.

An Innovative Approach to Identifying and Communicating Change of Condition: Introduction to INTERACT

An introduction to INTERACT

INTERACT

This evidence-based package of clinical, educational, communication, and quality improvement tools is designed for nursing facilities to use to reduce potentially avoidable hospital admissions.

Considerations for End of Life Care Guide

This resource is a framework on advance care planning and end of life care. It contains competencies related to knowledge, skills, attitude, and behavior.

Elements for Effective Care Transitions, Ideas and Resources for Post-Acute Care Providers

This guide identifies four categories of multiple elements that assist in effective care transitions and provides an introduction to ten free AHCA/NCAL webinars that elaborate further on each of these element categories.
Transitions of Care in the LTC Continuum

This guide from AMDA focuses on transitions of care from an acute care setting to long term care and from the long term care setting to home.

Advancing Excellence Hospital Readmission Resources

Explore the Advancing Excellence goal on hospitalizations for tools to help you track and reduce hospitalizations in your organization.

Communicating Health Assessments by Telephone (CHATs)

CHATs is an on-going quality improvement program designed to enhance telephone communication between nurses and physicians. Each CHAT contains important questions about the status of the patient, checklist of exams, and progress notes for medical records.

AMDA White Paper: Surrogate Decision Making and Advance Care Planning in Long Term Care

AMDA Facts about Management of Hospice Patients in Long Term Care Centers
Information on Improving Discharge to Community

IMPACT Act Issue Brief

AMDA White Paper: Improving Care Transitions From the Nursing Facility to a Community-Based Setting

CMS Discharge Planning Checklist

AMDA Clinical Practice Guideline on Transitions of Care in the Long Term Care Continuum

AMDA Sample Planned Patient Transfer to the Community Checklist

LTC Trend Tracker

Provides members with the ability to benchmark their risk adjusted rates and compare their experience with other groups.
Functional Outcomes Measures

Resources for this Quality Initiative goal will be posted in the near future!
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How Can I get Beyond the Basics of Hospital Readmission and Become a Preferred Provider?

The program briefly explains the impact that Healthcare Reform is having on the healthcare industry on both the acute and post-acute care side. There is a strong emphasis on the importance of accurate data analysis and on implementing potential solutions for facilities. The clinical programs along with the use of cutting edge technology have shown to improve clinical outcomes, allowed centers to become preferred providers for local hospitals and have significantly reduced unnecessary hospital readmissions.
Information on Increasing Staff Stability

**UPDATED! Cost of Turnover Calculator**

The Cost of Turnover Calculator offers providers a method to calculate a center's expenses associated with turnover and to determine savings based on targeted improvement.

**Introduction & Leadership Responsibilities**

Focus on person-centered leadership: an approach aimed to engage others and listen to what is important to them.

**Strategy 1: Interviewing New Candidates - Employee Participation**

Learn about how to involve existing staff in the selection of new hires to invest them in the selection process and support for new hires, and to help managers gain more insight into the candidate's personality.

**Strategy 2: Behavioral Based Interview Questions**

Explore the benefits of using behavioral-based interview questions to identify candidate competencies that are needed for the position and to gain an accurate impression of the candidate. FORM INCLUDED: Sample Candidate Evaluation Record

**Strategy 3: Performing 30-60-90 Day Review**

Learn the “how-tos” of performing 30–60–90 reviews for new hires to help keep good employees from falling through the cracks. FORMS INCLUDED: 1) 30-60-90 Feedback by New Employees; 2) 30-60-90 Supervisor Evaluation of New Employee

**Strategy 4: Walkabouts/Rounding on Direct Reports**

This section identifies how regular employee visits made by the administrator and supervisor, in the employee's work space, fosters staff job satisfaction while saving managers time. FORM INCLUDED: Walkabout/Rounding Staff Log
4 Key Strategies to Retain New Hires and Reduce Employee Turnover Webinar

Creative and person-centered strategies from management are needed to improve commitment to current and future employees. Strategies need to focus on effective interviewing, hiring, monitoring/evaluating/mentoring to retain talent. This webinar will focus on 4 key strategies to help providers improve retention and the working environment.

A Guide to Staff Stability for Leaders

This guide with a competency-based approach applies concepts and practices based on the work of Susan Eaton, Ph.D. who, in 2002, completed a CMS-funded study, "What a Difference Management Makes!"

Consistent Assignment - A Resource Guide

This guide is designed to support those who are adopting consistent assignment. It provides easy steps and links to resources that help an organization move through each phase of the process from initiation through adoption.

Improving Staff Satisfaction: What Effective Leaders are Doing

This guide provides practical ideas on how to address the four most important factors that drive staff satisfaction.

LTC Trend Tracker

An exclusive member only resource! Compare your turnover and retention rates to your peers and see up to 3 years’ worth of trends.

Gero Nurse Prep Program

This online gerontological certification training is provided by AHCA/NCAL and the University of Nebraska Medical Center, College of Nursing. (This program is available for purchase.)

Advancing Excellence Staff Stability Resources

Explore the Advancing Excellence goal on staff stability for tools to help you track and reduce nursing staff turnover in your organization.
Information on Increasing Customer Satisfaction

Improving the Patient, Resident and Family Experience
This resource provides tips on how to improve the customer experience in various aspects, as well as develop a process for improvement.

Advancing Excellence Customer Satisfaction Resources
Explore the Advancing Excellence goal on person-centered care for tools to help you improve customer satisfaction in your organization.

7 Tips for Improving Resident Satisfaction
Participants learn how top-rated care providers react to national trends in customer satisfaction. Presenters show small steps that can yield large returns to the bottom line. Personal feedback from residents are also the basis for the discussion and solutions.

Best Practices for Resident-Centered Care
These tools will assist you to incorporate best resident-centered practices in your center. They are easy to use and provide with you all the needed information to get started.
Information on Reducing Unintended Health Care Outcomes

September 2014 CMS: Raising Awareness for Reducing Adverse Events

January 2015: Raising Awareness for Reducing Adverse Events

Reducing Medication Related Adverse Events Presentation

Addressing Infections as a Cause of Adverse Events Presentation

Strategies to Improve Patient Safety: The Evidence Base Matters

OIG Report: February 2014

National Action Plan for Adverse Drug Event Prevention

Medications at Transitions and Clinical Handoffs (MATCH) Toolkit for Medication Reconciliation

AHRQ Culture of Patient Safety Survey
AMDA Toolkit: Antithrombotic Therapy in the Long Term Care Setting

Advancing Excellence Person Centered Care Goal

CMS QAPI

Anticoagulant: AC Forum (CME, AC Management Training Course, Guidelines)

AHRQ ELearning Course

AHCA Webinar: Falls Prevention, Antipsychotic Reduction, End of Life Care & Reducing Rehospitalizations
Information on AHCA/NCAL National Quality Award Program

Bronze Award: Commitment to Quality
The goal of this award level is to provide applicants with the tools and resources they need for continuous performance improvement. Go here to find everything you need to apply to this 1st level of the Quality Award.

Silver Award: Achievement in Quality
At this level, applicants continue to learn and develop effective approaches that help improve performance and health care outcomes. Go here to find everything you need to apply to the second step.

Gold Award: Excellence in Quality
At this level, applicants must show superior performance in areas of the criteria including leadership, strategic planning, and customer and staff satisfaction. Participation in the Gold level allows organizations to take their performance excellence journey to a higher level through application of the full criteria and the valuable feedback received through the application process. Go here to find everything you need to apply for this step in the program.
Handy Contacts

For questions about any of the Quality Initiative goals email: Qualityinitiative@ahca.org

For questions about the Quality Award Program email: Qualityaward@ahca.org

For questions about data email: Research@ahca.org

For questions related to LTC Trend Tracker: help@LTCTrendTracker.com

For information related to assisted living, go to: NCAL.org

For information related to QAPI, go to:
http://www.ahcancal.org/quality_improvement/QAPI/Pages/default.aspx