The Crossword Puzzle Companion contains high-level descriptions of medical terms, abbreviations, suffixes and prefixes found in the How To Be a Nurse Assistant Student Textbook. Students can use this document as a fun way to learn medical terms in preparation for the C.N.A. Certification Exam.

Your Comments are Welcome

We value and appreciate your comments as a C.N.A. student and reader of this document. As we write, revise, and evaluate our documentation, your comments are the most valuable input we receive. If you would like to contact us with feedback regarding this reference, please use the following contact information:

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Chapter 1: Long Term Health Care Facility
(Part 1)

ACROSS
3 Loss, something made worse
4 Administrative procedure for leaving a facility
6 Entering through the vein
10 A summary of the resident's medical records
13 Activities of Daily Living abbreviation
14 Involving 2 or more academic, scientific, or artistic disciplines
15 An interval of rest or relief

DOWN
1 Bed _____ - sheets, pillow cases, mattress covers
2 Long term care facility in which people live
5 A branch of knowledge dealing with aging
7 Most desirable or satisfactory
8 ________ Other - a person who is very close and important to another person
9 ________ care provided to residents who do not need to be in the hospital
11 Administrative procedure for entering a facility
12 An ongoing illness or condition that does not have a cure
Chapter 1: Long Term Health Care Facility

(Part 2)

ACROSS
1 __________ Therapist - works with the fine motor skills
2 Payments for insurance policies
3 ____ of Daily Living - tasks needed for daily living, like dressing, hygiene, etc.
4 To recognize as conforming with a standard
5 ______ Therapist - works with residents who have difficulty with speech
6 ______ Therapy - working with residents to help them stay active
7 Term Care Facility - part of the health care system that provides continuous supportive high level nursing
8 The part that one plays in relationship to others
9 ______ Nurse - who has the day-to-day responsibility for supervising nurse assistants and resident care
10 Restoring to former health
11 ______ Management - process of limiting legal liability

DOWN
1 Recovering health and strength gradually after sickness and weakness
2 Personal choices or favorites
3 Study of body structures
4 ______ Therapy - works with residents to improve functional mobility
ACROSS
3 __________ Nursing - approach in which nurse assistants have specific tasks rather than specific residents as the focus of care
6 To revive from apparent death
10 __________ Team - another name for the interdisciplinary team
12 ____ Nursing - approach in which the charge nurse is the team leader and makes nurse assistant assignments based on the needs for the shift
14 Customary beliefs, social forms, and traits of a racial, religious or social group
15 _____ Assistant - a trained member of the health care team who provides the majority of hands-on resident care
16 __________ Disease - a progressive, incurable disease that affects the brain and causes memory loss and eventual death

DOWN
1 Beliefs people have about what is important to them
2 Deformity caused by a permanent shortening of a muscle or scar tissue
4 Pattern of activities you set with each resident individually
5 ______ Nursing - approach in which a registered nurse or licensed practical nurse has the primary responsibility for residents' needs and nurse assistants work with the nurse and care for the same residents
7 Scheduled period of work for a group of people
8 Occupational Safety and Health Administration abbreviation
9 Continually being aware
11 Knowledge, awareness, or study of good and bad, right and wrong and moral duty
13 Separate section of a building attached to the central section
Chapter 3: Understanding Your Resident

ACROSS
3 Being confident
4 Being whole or complete
5 Cutting a limb
6 To be acknowledged as important
8 Involving psychological and social aspects of mental health
9 A specific organized order or ranking

DOWN
1 _____ Motor Skills - abilities in the larger physical skills (running, catching a ball, etc.)
2 Ability to produce or create something
7 Something necessary for a person
Chapter 4: Understanding Resident's Rights (Part 1)

ACROSS
1 ______ Abuse - any action that causes actual physical harm
4 According to the law
8 Act of getting revenge or punishing a person for doing something
11 A formal complaint
12 _____ Negligence - any action that shows no concern for the resident's well being
13 A prejudiced or unfair action because of some characteristic of the person
14 Failure to do something that should have been done

DOWN
2 A person's statement or intended legal action
3 Flow of blood throughout the body
5 Act of obstruction; preventing a person from doing something
6 _____ Abuse - any action that makes a resident fearful
7 Failure to act in the same way that a reasonable person with the same training would act in the same situation
9 Device used to restrict movement
10 ________ of Privacy - an interruption of a resident's right to privacy or intimacy
Chapter 4: Understanding Resident's Rights (Part 2)

**ACROSS**
1. Position, rank, or prestige in relation to other people
3. Making someone do something against their will, often by a threat
5. _______ Restraint - medication used to sedate a resident
7. _______ Rights - legal protections ensuring resident's physical and mental well-being
9. __ Risk - has a probability of having some type of medical incident
11. _______ Punishment - physical punishment
13. Retaliation against or punishment of a person for doing something
14. Initial examination in a criminal procedure
15. Keeping information private

**DOWN**
2. Making something safe
4. Person required by law to investigate complaints by residents or other violations of rights
6. _______ Seclusion - isolation of a resident against their will
8. ____ Determination - freedom to make your own choices
10. Move to another room in the facility
12. _____ Abuse - sexual acts with a resident including touching in an intimate or suggestive manner
Chapter 4: Understanding Resident's Rights
(Part 3)

ACROSS
1  Something one has a just or legal claim to
8  _________ Value - the value of the object comes not from the money it could be sold for but because of the associations and memories it has for the owner
9  To calm with drugs
10  ______ Abuse - using profanity to a resident, calling a resident names, yelling at a resident in anger

DOWN
2  Something happens that is unusual; it could be medical or behavioral
3  Someone who takes the side of another person and speaks for them
4  Unlawful beating or use of force--or even touching someone without their consent
5  To make a person seem smaller or less important
6  To hurt, injure or damage
7  To touch the body of another person without consent
Chapters 5 & 6: NA and Family Role

ACROSS
1 A feeling that conveys self-worth
5 _______ Training - a care plan to help a resident regain voluntary control of urination
8 A choice, a different possibility
10 Physical or emotional reaction that causes mental tension
11 A mental image of something
12 Weakness

DOWN
2 Negative feelings experienced by someone who has committed an offense or believes they have done something wrong to another person
3 Information received that is corrective or evaluative
4 _______ Minded - an attitude of seeing someone or something in only one way
6 A brief about quality care
7 A place where plants and animals are found growing naturally
9 A group of persons of common ancestry or associated by marriage; significant others, or persons important to the resident
Chapter 7: Communication (Part 1)

ACROSS
2 A familiar name that family and friends use
6 Expressions of sympathy or sorrow
8 Escaping from an issue rather than dealing with it
10 A sign on or beside the door to a resident's room containing their name and other information
11 An actual event, thing or situation; fact
12 About to take place
13 Last name or family name

DOWN
1 _____ Ended - questions that encourage residents to talk, rather than questions with yes or no answers
3 Make sure something is clearly understood
4 Condition in which a person has difficulty putting thoughts into words
5 Prove to be valid, sound or effective
6 An agreement in which both sides give up something
7 Anything that distracts a person's attention
9 Being so short or brief that you are not polite
ACROSS
1 Trying to beat another person to some goal or in a game
7 _______ Resolution - use of effective communication to resolve problems
8 _______ Imagery - relaxation technique using words and music
9 Something that is difficult but important
11 To evaluate or determine person's strengths and limitations
12 Sending and receiving messages verbally and nonverbally
13 To face with a challenge
14 The whole situation, background, or environment that gives meaning to someone's words

DOWN
2 To be shown something new; ability to identify person, place, and time
3 _______ Communication - sending and receiving messages without the use of words
4 The art of saying the appropriate and polite thing at the right time
5 The act of working together
6 Someone who insists you do everything in a certain way and the same way every time
10 Smiling in a way that gives the impression you are superior to another person
Chapter 8: Documentation Principles

ACROSS
1 Resident Assessment Protocol abbreviation
2 _______ Indicators - outcomes or a summary of the entire facility’s MDS information
7 Written reports that the facility maintains
8 _______ Assessment Protocol - section of the RAI that includes a more detailed assessment of problem areas
9 Guess or hunch about what you observe
10 Minimum Data Set abbreviation
11 Information that can be observed; factual; not subjective

DOWN
1 _______ Assessment Instrument - an assessment tool used in long term care that facilitates to document key information about residents
3 An evaluation of a patient or condition
4 Resident Assessment Instrument abbreviation
5 _______ Data Set - resident information on the RAI
6 ____ Plan - a written, interdisciplinary document developed for each resident, listing the resident’s needs and goals as well as the actions and approaches that staff will take to help the resident to meet their goals
Chapter 9: Prevention and Control of Infection (Part 1)

ACROSS
4 A chronic, contagious venereal infection that is sexually transmitted
6 A type of microorganism like yeast and mold
7 A thin, flexible covering commonly made of latex rubber, worn over the penis to reduce the risk of pregnancy
9 ______ of Exit - a route by which microorganisms leave the body
10 Administration of a vaccine to make the person immune (not susceptible) to a specific infection
11 ______ Precautions - activities based on recommendations of CDC for facilities to use in handling blood, body fluids, etc. to prevent infection
12 A person, animal or environment in which an infectious agent lives

DOWN
1 A type of microorganism that survives only in living things
2 A condition of being in direct or indirect contact with an infectious microorganism
3 ______ Host - a person who is not resistant to infection by a microorganism
5 ______ Response - a response to infection that occurs in a specific body area
8 A machine used to sterilize instruments and supplies with steam under pressure

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Chapter 9: Prevention and Control of Infection (Part 2)

ACROSS
3 An agent that inactivates microorganisms on inanimate objects
9 ______ Response - an infection that causes no signs or symptoms in the body
10 Condition produced when an infective agent becomes established in or on a suitable host
11 Anything that is harmful or potentially harmful to humans or the environment
13 Caused by disease
14 ______ Pox - contagious disease caused by a virus

DOWN
1 Elimination or destruction of all microbial life
2 ______ Transmission - direct transfer of microorganisms from one person to another
4 Contagious viral disease which has a sudden onset, fever and severe aches and pains
5 Disease that is spread from one person to another
6 Contagious disease caused by a virus, which produces red spots on the skin
7 Contagious bacterial venereal infection that is sexually transmitted
8 Drugs that reduce or kill microorganisms
12 Contaminated with germs
Chapter 9: Prevention and Control of Infection (Part 3)

ACROSS
3 Free of all germs
7 Infection of the liver
9 Microorganisms that can produce disease
10 Related to vomiting, as in an emesis basin
13 Microorganisms that do not cause infection
15 Human Immunodeficiency abbreviation
16 One-celled microorganism that may cause infection
18 Free of germs that cause infection or disease
19 Hormone involved in breaking down carbohydrates in the body

DOWN
1 Infected, such as secretions or drainage
2 ______ Carrier - someone with an infectious disease who never gets well
4 Infectious, bacterial, communicable disease that primarily affects the lungs
5 Protective covering for the face
6 Impure or unclean
8 Part of the digestive tract through which food passes after leaving the stomach
11 Set apart from others
12 Something that enters the body
14 ______ of Entry - natural openings in the body where microorganisms can enter
17 Material Safety Data Sheets abbreviation

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Chapter 9: Prevention and Control of Infection (Part 4)

ACROSS
2 Transmission route of infection that occurs when the reservoir coughs microorganisms into the air and a susceptible host breathes them into the lungs
6 Transfer an infectious agent from one person or place to another
9 Viruses, bacteria, or fungi that cannot be seen with the naked eye
12 Very frequent and liquid stools
13 The prevention of disease by maintaining clean conditions
14 Type of protein that the body produces to fight infection or illness

DOWN
1 ________ Transmission - the transmission of an infection while on the job
3 Sudden, dramatic increase in cases of a particular disease or harmful organisms
4 ______ Immunodeficiency Virus - viral infection transmitted by contact with blood
5 ______ Transmission - transmission of infection by an intermediate object such as food into the portal / entry of a susceptible host
7 Tuberculosis abbreviation
8 Substances such as saliva that come out of the body
10 Viral inflammation that affects the nerves in the skull and spine
11 Something that protects a person from an infectious microorganism
Chapter 10: Injury Prevention

ACROSS
2 _______ Evacuation - moving residents out of the facility to another site for safety
4 Strong arm muscles used for lifting

DOWN
1 _______ Evacuation - moving residents to another section within the facility for safety
3 The study of relationships between worker's physical capabilities and their job tasks
4 ____ Mechanics - principles of using your body efficiently to do something
Chapter 11: Aging Process and Disease Mgt.  
(Part 1)

ACROSS
1 Blood vessels that carry deoxygenated blood from the body back to the heart and lungs
5 A small tube to drain fluid
7 _______ Tubes - 2 tubes that carry egg cells from the ovaries to the uterus
9 Beginning of a disease or condition
11 A build-up of fluid in the brain specimen / 24 Hour Urine ______ - a collection of urine a resident voids in a 24 hour period
13 Air sacs in the lungs
14 _________ Catheter - a plastic tube inserted into the body to drain fluids

DOWN
2 ______ Incontinence - a leakage of urine that happens when the person coughs
3 A medical therapy that originated in ancient China
4 A colored spot
6 Blood vessels that carry oxygenated blood to all parts of the body
8 _______ Obstructive Pulmonary Disease - chronic inflammatory disease of bronchial passages and lungs
10 Coronary Artery Disease abbreviation
12 A yellowish-white fluid formed when an infection is present
Chapter 11: Aging Process and Disease Mgt.
(Part 2)

**ACROSS**
1. Body system made up of many glands that secret hormones
2. Body characteristic that can be observed objectively, such as a red rash or bruising
3. Body system that provides the body with a continuous supply of nutrients, fluid and removes waste products
4. Branches of each bronchus
5. Body system made up of bones, muscles, tendons, ligaments, and joints
6. Body system that takes in oxygen (inhaling) and expels carbon dioxide (exhaling)
7. Body system made up of the skin, nails, and hair
8. Body system that includes the heart and blood vessels that carry oxygen and nutrients to the body and remove carbon dioxide
9. Body system of sense organs that gain information from the world outside the body
10. Broken bone
11. Body system that helps maintain fluid balance and eliminates liquid wastes
12. Bottom part of the spine
13. Body system that provides sexual pleasure and allows for human reproduction

**DOWN**
2. Body system that takes in oxygen (inhaling) and expels carbon dioxide (exhaling)
3. Body system made up of the skin, nails, and hair
4. Body system that includes the heart and blood vessels that carry oxygen and nutrients to the body and remove carbon dioxide
5. Body system of sense organs that gain information from the world outside the body
8. Broken bone
10. Body system made up of the brain, spinal cord, and nerves
12. Body system that helps maintain fluid balance and eliminates liquid wastes
13. Bottom part of the spine

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Chapter 11: Aging Process and Disease Mgt.  
(Part 3)

ACROSS
1 Chronic Obstructive Pulmonary Disease abbreviation
4 Condition in which bones become weak and brittle due to loss of minerals
7 ______ Vascular Accident - condition that occurs when blood flowing to the brain is interrupted
8 Congestive Heart Failure abbreviation
9 _____ Impaction - condition that may occur when constipation is not treated

DOWN
1 Cloudy film that develops in the lens of the eye and reduces sight
2 Condition in which bowel movement is delayed and feces are difficult to expel from the rectum
3 __________ Heart Failure - condition that occurs when the heart muscle weakens and the heart becomes ineffective in moving blood through the body
5 __________ Vascular Disease - condition that causes diminished blood flow to the arms and legs
6 ______ Artery Disease - condition that results from reduced flow through the coronary arteries, which nourish the heart
Chapter 11: Aging Process and Disease Mgt.
(Part 4)

ACROSS
5 Inflammation of the skin
6 Gland located in the neck that secretes hormones that help regulate metabolism
7 High blood pressure; leading cause of stroke
10 _________ Arthritis - inflammatory joint disease
12 Digestive system organ located near the stomach; its cells secrete insulin
13 Difficulty breathing edema swelling of parts of the body from fluid accumulation emesis vomit
14 _________ Transmitted Diseases - diseases that are acquired through sexual activity with an infected partner
15 External structure of the female sex organs

DOWN
1 Enlarged blood vessels at the anus that look like flat or swollen tags of skin
2 Exchange of oxygen and carbon dioxide in the lungs
3 Horny bump on the skin caused by a virus
4 Elevated area of epidermis containing watery liquid
8 Glands that are located in the dermis and secrete oil
9 Gland located in the brain that secretes hormones and regulates other glands
11 Gland located on top of the kidneys that regulate metabolism
ACROSS
3 Not disease-causing
7 ____ Fluids - natural fluids in the body, such as blood
     semen, and secretions which may transmit diseases
8 Lung infection
10 Joint inflammation that causes pain and limits
     movement in affected joints
11 Involving the heart
13 Joint inflammation caused by wear and tear of joint
15 Muscular reproductive organ in which the fetus
     develops during pregnancy
16 Key actions of an organ or body system
17 Muscular canal in the female leading from the uterus /
     involved in sexual intercourse, childbirth, and passage
     of menstrual flow
18 Operation; procedure done to the body

DOWN
1 Nondrug or alternative treatments
2 Left and right airway passages to the lungs
4 Large artery by which blood leaves the heart
5 Male organ of sexual intercourse and urination
6 Medical treatment using x-rays
8 Neurological disease that affects motor skills
9 Lining beneath the epidermis
12 Muscle _______ - muscle wasting
14 Mucus from the lungs
Chapter 11: Aging Process and Disease Mgt. (Part 6)

ACROSS
1 Maneuver - technique used to free a foreign object from the airway when a resident is choking
8 Process of moving air in and out of the lungs
9 Procedure that introduces fluid into the rectum to stimulate a bowel movement
11 Sexually Transmitted Disease abbreviation
12 The 2 oval glands that manufacture sperm cells and the male sex hormone testosterone
15 Something subjectively felt but not observable by another

DOWN
2 Sclerosis - progressive disabling disease that affects nerve fibers
3 Swelling because of fluid gain most commonly observed in the legs and ankles
4 Organs in the female's pelvic area that secrete hormones involved in sexual function and becoming pregnant
5 Refers to a tumor or condition that tends to spread abnormal cells
6 Surgical opening of the colon or bowel on the surface of the abdomen where fecal contents collect in an external appliance
7 Stool, bowel movement
10 Peripheral Vascular Disease abbreviation
13 Problem that begins rapidly and typically lasts 7-10 days; then the person recovers
14 Second layer of skin
Chapter 11: Aging Process and Disease Mgt. (Part 7)

ACROSS
2 _______ Site - the first system or organ affected by cancer
4 The inability to see
5 The body's process of producing energy
6 Under the skin
7 Tiny blood vessels that connect arteries and veins, where oxygen is exchanged for carbon dioxide inside organs
8 The quality of being male or female

DOWN
1 Top or first layer of the skin
3 Use of chemical agent to treat or control disease

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Chapter 12: Emergency Care

ACROSS
2 Fatty deposits on blood vessel walls
4 _______ Arrest - the stoppage of the heart
6 __________ Resuscitation - procedure to maintain breathing and circulation in a person experiencing cardiac arrest
7 A condition resulting from an abnormality in the brain
8 A condition in which vital organs in the body are not getting enough blood and oxygen to maintain good function
10 Combination of amino acids that are essential for all living cells

DOWN
1 Excessive loss of blood in a short period of time
3 Strong, rapid heart beats
4 A substance present in animal cells a body fluids
5 Cardiopulmonary Resuscitation abbreviation
7 Breastbone
9 A subtle sensation that often proceeds a seizure
Chapter 13: Themes of Care

ACROSS
3 Being free from harm or risk and secure from threats or danger
6 _____ Management - ability to organize activities and perform them efficiently
7 Recognizing and paying attention to details
8 Making decisions for oneself

DOWN
1 To consider worthy of high regard
2 ________ Capabilities - working with a resident's own capabilities to their fullest
4 ________ Control - methods used to prevent the transmission of infection
5 Something practiced continually
Chapter 14: Creating a Home for the Resident (Part 1)

ACROSS
2 A correction or modification for actual conditions
6 ____ Alternative - an alternative environment in which a long term care facility is transformed from an institution that treats residents into a home
8 Measure of heart rate
10 By mouth
11 Instrument for measuring blood pressure (cuff and gauge)
13 Measurement of temperature of the eardrum
14 ____ Signs - necessary for life: temperature, pulse, respiration, and blood pressure

DOWN
1 False teeth
3 A degree of heat that naturally occurs in the body
4 A heavy, silvery, poisonous, metallic element that is liquid at ordinary temperatures, used in scientific instruments
5 Armpit
7 By rectum
9 A facility's official way of doing something, usually put in writing
12 A high-level plan for meeting goals, acceptable procedure
Chapter 14: Creating a Home for the Resident (Part 2)

ACROSS
1  The act of giving formal consent
3  _____ Pressure - pressure of blood in the arteries
5  ________ Stress Syndrome - reaction of an unprepared resident entering a long term care facility
12  Vital Signs abbreviation
13  _____ Pressure - the bottom number in the blood pressure reading; reflects the pressure of blood in vessels when the heart is at rest
14  To grow worse

DOWN
2  Pulse felt at the inner wrist
4  ________ Bed - the bed is empty
6  ________ Bed - the resident is on the bed
7  To listen to body system sounds with a stethoscope
8  Process that occurs when a resident moves from one area to another
9  Use of touch to assess
10  ________ Pressure - the top number of the blood pressure, reflects pressure in vessels when the hear is beating
11  Pulse measured at the heart through auscultation
Chapter 15: Moving and Positioning

ACROSS
4 _______ Position - sitting upright
6 Change to fit new conditions
9 Capability of moving or being moved
11 Not subject to control by others, not requiring something else

DOWN
1 Lying flat, face down
2 The act of placing or arranging
3 To turn on
5 Easily broken or destroyed; delicate
7 Belt used for safety to transfer and ambulate residents (gait belt, transfer belt)
8 Lying on the back
10 An arm or a leg
Chapter 16: Personal Care

ACROSS
1. Area of body between anus and the posterior part of the external genitals
5. To put up with, to endure
6. To breathe in or draw in by suction
9. To arouse a function
13. Not circumcised, the foreskin remaining at the tip of the penis
14. A thickened or hard area of skin
16. The posterior opening of the large intestine
17. A fold of skin that covers the tip of the penis in an uncircumcised male
18. The external pouch in males that contains the testes
19. A local hardening and thickening of the epidermis
20. Someone in a coma, unconscious

DOWN
1. Physician specializing in the care and treatment of feet
2. To cover
3. The canal in males and females that carries urine from the bladder
4. Private, or referring to a person's body
7. A saline fluid secreted by sweat glands
8. The outer and inner fatty folds around the vulva
10. Referring to treatment
11. A substance that reduces the growth or action of microorganisms
12. The region of the pubes, genital area
15. Foam or froth when shaving cream or soap is mixed with water

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Chapter 17: Assisting with Nutrition

ACROSS
1. _____ Fluids - encourage fluid intake
2. Salt
3. Special diet that is a treatment for a disease or condition
4. A concentrated form of nutrition given to a resident in addition to their meals
5. A characteristic of skin that indicates hydration; tight skin that does not "tent" shows good hydration
6. Maintaining adequate fluid in the body

DOWN
1. The muscular tube that leads from the mouth to the stomach
2. The act of nourishing or being nourished
3. Strengthened by adding some additional ingredient
4. A serious condition that can occur if a resident does not have adequate fluid intake
5. A condition that causes a problem chewing or swallowing food, liquid, or medication
Chapter 18: Assisting with Elimination (Part 1)

ACROSS
4 Cannot be seen
5 A type of bedpan that is smaller and has a lower front lip so it is easier to slide under a resident
9 Inability to hold urine or stool
11 A box-like structure with a chamber pot under an open seat
12 Device placed in a toilet to collect urine
13 An organism living in or on another organism

DOWN
1 A slippery substance such as petroleum jelly, which facilitates passage of instruments into body orifices
2 Human waste, feces from the bowel
3 Large and small intestines
4 A surgical opening from the intestine to the outside body
6 Less diluted, more intense in color
7 Able to control elimination of urine or stool
8 How often something happens, an habitual pattern
10 A surgically created opening
Chapter 18: Assisting with Elimination (Part 2)

ACROSS
1 ______ Test - procedure for checking blood in the stool or vomit
3 Sac inside the body that holds urine
8 Process of ridding the body or urine or stool
10 Stool that looks black and sticky, usually because of bleeding
11 To study, to determine chemical parts or the presence of disease

DOWN
1 Related to the stomach and intestines
2 Ostomy done to divert a resident's urine
4 To have a bowel movement, to pass stool
5 Surgery that leads the opening of the ileum—a small part of the intestine to the stoma
6 To pass urine
7 To eliminate liquid or solid waste from the body which is commonly used to describe urination
9 Waste liquid secreted by the kidney
Chapter 19: Restorative Activities (Part 1)

ACROSS
1 Moving about; walking
4 Device that supports and strengthens a body part
5 A limb of the body
10 Device made to replace a missing body part or function
12 Bending of an extremity
13 Moving away from the body
14 _____ of Motion - extent to which a joint can be moved safely
15 Being able to do something
16 Bending the top of the foot up toward the face

DOWN
2 _______ Limb - human-made leg or arm
3 Moving a person to action, helping a person remember something
6 A short horizontal bar suspended by two parallel ropes, used to pull oneself up in bed
7 Moving toward the body
8 Device to use to support or immobilize a body part
9 Designed to help one return to health and be as independent and functional as possible
11 _______ Deviation- moving the hand toward the thumb side
Chapter 19: Restorative Activities (Part 2)

**ACROSS**
1. Pointing the foot down, like stepping on a gas pedal
3. The amount of an extremity remaining after the rest is removed
5. _____ Device - supportive equipment made for a resident
9. To put in a straight line
11. To gain or reach again
12. Range of Motion abbreviation
14. Turning the palm up
16. Turning the bottom of the foot inward
17. Touching each finger-tip to the thumb
18. _____ Rotation - turning the shoulder out
20. Not subject to control by others
21. Telling or showing a resident the steps in a task
22. _____ Rotation - turning the shoulder in

**DOWN**
2. The process of restoring to a former state
4. Turning the palm down
6. _____ Deviation - with the hand held at the same level as the forearm, moving the hand toward the little finger side
7. Straightening of an extremity
8. To strengthen by additional assistance
10. To prevent freedom of movement
13. To something in its existing state
15. Turning the bottom of the foot outward
19. Quick to perceive and act

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ACROSS
3 Natural morphine-like substances released by the brain during exercise, which can alter one's feeling of pain
4 ____ Bath - special basin, often attached to a toilet, which is filled with water to allow a person to sit down to wash or soak their genital and perineal areas
5 ________ Ulcer - another name for a pressure ulcer, which is an opening or wound that appears in pressure areas of skin overlying a bony area in an immobile person
6 Bodily sensation that causes suffering and distress

DOWN
1 Cloth or pad folded to press against part of the body
2 Factors that cause pain to occur
Chapter 22: Care of Residents with Alzheimer's Disease and Related Disorders

ACROSS
1 Seeing or hearing things that are not really there
4 Thinking that one's false thought is real
9 Aimless movement from one place to another
10 __________ Symptoms - actions that are caused by a disease or condition
13 Movements that are irregular, rapid, or violent; state of excitement, often troubled
15 ________ Syndrome - situation later in the day when a resident may become irritable or combative, tearful or withdrawn

DOWN
2 A method for reaching a desired goal
3 Infarct / damage to blood vessels that may cause a loss of function in a tissue or organ
4 Something that directs the resident's attention away from something
5 Inability to sleep enough
6 ________ Impairment - disruption in knowledge
7 Loss of mental functions such as memory
8 ________ Behavior - tending to follow a certain agenda
11 Confirmation of something
12 To increase to the maximum
14 An uneasiness of mind
Chapter 23: Other Resident Populations

ACROSS
1 Skills people use every day to live, work, and play
5 _________ Plan - Philosophy of care in which an individual with a developmental disability is educated to participate as fully as possible in all aspects of life
8 _________ Disability - chronic condition that a person develops from various causes, which prevents them from living independently
10 Loss of voluntary movement
11 Lack of full physical or mental function
13 Another name for Down Syndrome
15 _____ Retardation - condition in which the individual has significantly below-average intelligence

DOWN
2 Disorder of the nervous system that causes seizures
3 Creation of an environment for individuals with developmental disabilities
4 _________ 21 Syndrome - another name for Down Syndrome
6 _________ Palsy - condition resulting from damage to the central nervous system before, during, or after birth
7 _________ Service Plan - plan of care that provides special accommodations and sets the priorities of care for the resident
9 Rare, severe disorder in which the child withdraws from the world
12 _____ Syndrome - condition in which a person is born with an extra chromosome
14 Test of a person's intelligence

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Chapters 24-27: End of Life and Being a Successful Nurse Assistant

ACROSS
1 Program with a specially trained interdisciplinary team that cares for a terminally ill resident who is expected to die within 6 months
3 Exercise that does not increase the supply of oxygen to body tissue
7 Rebirth in another form of life
8 Care focused on comfort and symptom relief
11 Behavior that is hurtful to others
12 _____ Will - legal document used by a resident to communicate their wishes about the care they want if they become incapacitated
13 Legally qualified

DOWN
2 Surgical passage created between two blood vessels to move good from one part to another
4 Introductory action, such as the first step in an attempt to resolve an issue
5 Period of grief after a loved one dies
6 After death
9 Steady exercise that increases your heart rate and the amount of oxygen delivered to body tissue
10 Very important; a turning point or especially important period

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Abbr., Prefixes & Suffixes (Part 1)

ACROSS
2 Above, excessive (p)
3 After (a)
5 Cell (s)
7 Abnormal (p)
8 Activity of Daily Living (a)
9 Condition (s)
10 Condition of (s)
11 3 times a day (a)
12 Condition of the urine (s)
14 Administrator (a)

DOWN
1 Across (p)
2 Control, stop (s)
3 After meals (a)
4 After, behind (p)
6 Blood condition (s)
8 Abdomen (a)
13 A condition (s)
15 Across, through (p)
Abbr., Prefixes & Suffixes (Part 2)

ACROSS
3 Against (p)
5 Apart from, separate (p)
6 Dilation (s)
10 Apical (a)
13 Cut (s)
14 Against (p)
15 Afternoon evening (a)
16 Creation of opening (s)

DOWN
1 Development (s)
2 Around, covering (p)
4 Cut, kill (s)
7 Around (p)
8 __ lib - as desired (a)
9 Destruction of (s)
11 As needed (a)
12 Again, back (p)
14 Ambulate (a)
Abbr., Prefixes & Suffixes (Part 3)

ACROSS
1 Disease (s)
2 Away from (p)
3 Bedside commode (a)
4 As soon as possible (a)
6 Bowel movement (a)
9 Examination using a scope (s)
10 Backward (p)
11 Before, in front of (p)
13 Excessive flow (s)
15 Bedrest (a)
17 Enlargement (s)

DOWN
1 Falling, sagging (s)
2 Before meals (a)
3 Bathroom privileges (a)
4 Amount (a)
5 Before (p)
7 Blood pressure (a)
8 Artery (p)
9 Examination instrument (s)
12 Exaggerated fear (s)
14 Before, in front of (p)
16 Below, deficient (p)
ACROSS
2 Instrument for recording (s)
4 By mouth (a)
5 Every day (a)
7 Cubic centimeter (a)
8 Between (p)
10 Cerebrovascular accident; stroke (a)
11 Cardiopulmonary resuscitation (a)
12 Half (p)
14 Incision (s)
15 Difficult, abnormal (p)
16 Director of Nursing Service (a)

DOWN
1 Dressing (a)
3 Lack (s)
4 By, through (p)
5 Every (a)
6 Discontinue stop (a)
7 Catheter (a)
9 Fast, rapid (p)
13 Inflammation (s)
15 Director of Nursing (a)
16 Down, away from (p)
ACROSS
1 Every other day (a)
4 Hundred (p)
6 Fahrenheit (a)
7 Four times a day (a)
8 Measurement (s)
9 Look into (s)
11 Height (a)
12 Headache (a)
14 Measuring instrument (s)
15 Hard of hearing (a)
16 Half, part (p)
17 Pertaining to (s)

DOWN
2 Opening into (s)
3 Inside (p)
5 In, into, within (p)
6 Foot; feet (a)
7 Every 2 hours (a)
10 Paralysis (s)
12 Hour (a)
13 Every hour of sleep (a)
15 Head of bed (a)
Abbr., Prefixes & Suffixes (Part 6)

ACROSS
1 Kilogram (a)
4 Intake and output (a)
5 Large (p)
9 Pertaining to pain (s)
10 Milliliter (a)
11 Into (p)
12 Midnight (a)
14 Left eye (a)
16 Interdisciplinary care plan (a)
18 Left (a)
19 Left upper quadrant (a)

DOWN
2 Printed recording (s)
3 Life (p)
6 Pertaining to pain (s)
7 Illness, disease (p)
8 Producing (s)
10 Medical doctor (a)
13 New (p)
15 Immediately (a)
16 Intravenous (a)
17 Much, many (p)
18 Left lower quadrant (a)
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Abbr., Prefixes & Suffixes (Part 7)

ACROSS
2 No added salt (a)
4 Outer (p)
5 Radiation therapy (a)
6 Prescription (a)
7 Per or by rectum (a)
9 Range of motion (a)
10 Sensation (s)
12 Removal of (s)
14 One (p)
15 Not (P)
17 Out of bed (a)
18 Patient (a)

DOWN
1 Hour of sleep bedtime (a)
2 Night (a)
3 Out, out from (p)
4 Outside of (p)
5 Profuse discharge (s)
8 Puncture and aspiration (s)
11 Not (p)
13 One, single (p)
16 Nothing by mouth (a)
17 Occupational therapy (a)
ACROSS
2 Small (p)
6 Pound (a)
7 Slow (p)
8 Self (p)
9 Speaking(s)
10 Red (P)
13 Right (a)
15 Resident care plan (a)
16 Surgical repair (s)
18 Right upper quadrant (a)
19 Resident (a)

DOWN
1 Shortness of breath (a)
3 Suturing (s)
4 Right eye (a)
5 Sodium; salt (a)
6 The study of (s)
10 Over, on (p)
11 Over, excessive (p)
12 Tumor (s)
14 Temperature, pulse, respiration (a)
15 Right lower quadrant (a)
17 Specimen (a)
Abbr., Prefixes & Suffixes (Part 9)

ACROSS
3 With (a)
5 Within (p)
7 Under (p)
8 Around (p)
10 Within (p)
12 Above, excessive (p)
13 Weight (a)
15 Water (a)
16 White (p)

DOWN
1 Development (s)
2 Toward near (p)
3 With (p)
4 Exaggerated fear (s)
6 Vital signs (a)
9 Very small (p)
11 Radiation therapy (a)
12 Examination instrument (s)
14 Treatment or therapy (a)